

STARTERS

BAKED CHEDDAR BROCCOLI SOUP

Melted cheese, croutons, and toasted garlic bread. 6⁹⁹

BREADED CHICKEN TENDERS

Perfectly seasoned white meat chicken with your choice of honey mustard, plum, or BBQ sauce. 10⁹⁹

+ Fries 1⁴⁹ + Salad 1⁴⁹

+ Fries and salad 2⁴⁹

CALAMARI

Lightly battered and golden fried with lemon pepper, with a side of tzatziki and sweet chili dip. 9⁹⁹

CORONA COCONUT PRAWNS

Cerveza and coconut coated with sweet chili dip. 10⁹⁹

SALADS **All salads served with garlic bread.*

STRAWBERRY SUMMER SALAD

Baby spinach, strawberries, candied nuts, crumbled goat cheese, and roasted sweet beets with a light balsamic vinaigrette. 11⁹⁹

+ Chicken or Prawn Souvlaki 2⁹⁹

+ Wild Salmon Fillet 3⁹⁹

+ Grilled Chicken Breast 3⁹⁹

GF Substitute bread for gluten free bread 99¢

FIESTA TACO SALAD

Crisp greens, cheddar cheese, tomatoes, green onions, and jalapeños dressed with a zesty ancho chipotle sauce in a taco bowl served with sour cream and pico de gallo.

**Not served with garlic bread.*

Taco Beef 12⁹⁹ Tequila Lime Chicken 13⁹⁹

DRESSINGS:

1000 Island, Blue Cheese, Asian Sesame, Garlic Caesar, Ranch, Italian, LITE Balsamic, LITE Raspberry Vinaigrette.

PUB STYLE WINGS

Large meaty wings, your choice of buffalo hot, honey garlic, thai sweet chili, BBQ, or lemon pepper.

Half Pound 7⁴⁹ Full Pound 12⁹⁹

SUPERBOWL NACHOS

Deluxe cheese on chips with diced tomatoes, olives, onions, and jalapeños. Served with pico de gallo and sour cream. 14⁹⁹

Half size 10⁹⁹

+ Seasoned Ground Beef 3⁴⁹

+ BBQ Pulled Pork 3⁹⁹

+ Guacamole 1⁹⁹ + Double Cheese 2⁹⁹

+ Diced Chicken Breast 3⁹⁹

MEDITERRANEAN QUINOA SALAD

Cucumbers, tomatoes, peppers, onions, olives, and feta cheese tossed in a light balsamic vinaigrette. **served with pita bread.*

11⁹⁹

+ Chicken or Prawn Souvlaki 2⁹⁹

+ Wild Salmon Fillet 3⁹⁹

+ Grilled Chicken Breast 3⁹⁹

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THAI PRAWN SPINACH SALAD

Sautéed prawns tossed with nuts, hard boiled egg, red peppers, and a creamy asian sesame dressing served over a bed of noodles and tender spinach leaves. 13⁹⁹

CHEF SALAD

Slow roasted turkey slices, shaved ham, and sharp cheddar over a bed of fresh greens with cucumbers, tomatoes, a hard boiled egg, and your choice of dressing. 13⁹⁹

GF Substitute bread for gluten free bread 99¢

SANDWICHES & WRAPS *Served with steak cut fries.*

FRENCH BEEF DIP

Slow roasted beef, thinly sliced and sandwiched between a grilled french baguette with a bowl of au jus for dipping. 13⁹⁹

MONTE CRISTO

Made with real carved turkey, shaved ham and swiss cheese served on thick french bread dipped in egg and grilled to perfection. 12⁹⁹

GF Substitute fries for salad.

Substitute bread for gluten free bread 99¢

SOURDOUGH PATTY MELT

Homestyle patty, melted swiss cheese, and caramelized onions served between crisp grilled sourdough toast. 11⁹⁹

BLT CLASSIC

Smokey bacon, fresh tomatoes, and crisp lettuce on your choice of toasted bread. 7⁹⁹

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Substitute bread for gluten free bread 99¢

PULLED PORK BAGUETTE

Hand pulled slow roasted pork, melted jalapeño jack cheese, smoked chipotle mayo, and fresh slaw on a toasty baguette. 12⁹⁹

BETTER CHEDDAR TURKEY CLUB

Real roasted turkey, smokey bacon, lettuce, tomatoes, and sharp cheddar on this triple decker classic! 13⁹⁹

GF Substitute fries for salad.

Substitute bread for gluten free bread 99¢

CRANBERRY TURKEY FOCACCIA

Carved oven roasted turkey and cranberries spread on toasted basil focaccia bread with mayo, crisp lettuce, and tomatoes. 12⁹⁹

MEDITERRANEAN CHICKEN WRAP

Chicken souvlaki, feta cheese, onions, peppers, olives, and greek tzatziki sauce wrapped in warm flatbread. 12⁹⁹

CALIFORNIA WRAP

Turkey breast, honey bacon, guacamole, leaf lettuce, tomatoes, and ranch. 11⁹⁹

GOURMET BURGERS

Lettuce, onion, tomato, pickles, mayo, and mustard on a sesame seed bun served with steak cut fries.

1/3 LB DELUXE BURGER

Homestyle patty served with thick cut fries. 11⁹⁹

ALL CANADIAN BACON CHEESEBURGER

Thick cut bacon and real cheddar. 13⁹⁹

SWISS MOUNTAIN MUSHROOM

Sautéed mushrooms and melted swiss. 13⁹⁹

HULK BURGER

½lb patty, smoked farmers sausage, cheddar cheese, and a fried egg with all the fixings. 14⁹⁹

GOURMET GARDEN VEGGIE BURGER

Fire grilled garden patty, goat cheese, roasted red peppers, lettuce, onions, tomato slices, mayo, and sun-dried tomato pesto. 12⁹⁹

CAJUN CHICKEN BURGER

Tequila lime marinated cajun spiced chicken breast, cheddar cheese, lettuce, tomato, and red onions on a toasted bun with chipotle mayo. 13⁹⁹

GF *Substitute fries for salad.*

Substitute bread for gluten free bread 99¢

CHICKEN RANCHER BURGER

A crispy breast filet topped with sharp cheddar, smokey bacon, and cool ranch dressing. 13⁹⁹

GF *Substitute fries for salad.*

Substitute breaded chicken for grilled chicken.

Substitute bread for gluten free bread 99¢

FRANKS BUFFALO CHICKEN BURGER

Crispy fried chicken breast, melted jalapeño jack cheese, jalapeños, Frank's Red Hot, and ancho chipotle sauce. 13⁹⁹

GF *Substitute fries for salad.*

Substitute breaded chicken for grilled chicken.

Substitute bread for gluten free bread 99¢

UPGRADE YOUR FRIES

Sweet Potato Fries or Onion Rings 1⁷⁹

Poutine 2⁹⁹

Cheddar Broccoli Soup 4⁵⁹

Add caesar salad or cup of soup to any meal 2⁴⁹

GOURMET PASTAS

Served with a caesar salad and garlic bread.

BAKED LASAGNA

Our most popular offering! Made with homemade meat sauce and baked to perfection. 14⁹⁹ *Lunch Size 12⁹⁹*

GOURMET MAC & CHEESE

In our zesty cheese sauce topped with aged cheddar and herb garlic crumble. 13⁹⁹

Lunch Size 12⁴⁹ +Crumbled Bacon 99¢

PULLED PORK MAC & CHEESE

Slow roasted pulled pork and caramelized onions topped with melted cheese. 13⁹⁹

CAJUN LIME CHICKEN PENNE

Cajun spiced dry rubbed chicken breast, garlic cream sauce, roasted red peppers, and mushrooms topped with fresh cilantro and pico de gallo. 14⁹⁹

ALFREDO MUSHROOM CHICKEN PENNE

House made alfredo sauce made with real cream, parmesan cheese, and garlic over penne noodles topped with a grilled chicken breast and angel hair parmesan. 14⁹⁹

Any pasta dish can be made with 100% whole grain penne.

SEAFOOD

CALAMARI DINNER

Tender calamari lightly battered and seasoned served with rice, pita bread, tzatziki dip and choice of greek or caesar salad. 13⁹⁹

ENGLISH BEER BATTERED FISH & CHIPS

Perfectly golden fried cod served with thick cut fries, coleslaw, and dill tartar sauce. 13⁹⁹

TERIYAKI GLAZED SALMON & PRAWNS

A charbroiled 4oz salmon fillet and prawns lightly glazed with teriyaki marinade served atop rice and vegetables with garlic bread. 15⁹⁹

FAMOUS ENTREES

SALISBURY STEAK

½ lb patty smothered with onions and gravy, mashed potatoes, fresh vegetables, and garlic bread. 12⁹⁹

LIVER BACON & ONIONS

A healthy portion of tender baby beef liver topped with sautéed onions, bacon, and gravy served with mashed potatoes, vegetables, and garlic bread. 13⁹⁹

Lunch Size 11⁹⁹

SOUVLAKI

Two marinated skewers of chicken or prawns flame grilled and served with rice, pita bread, tzatziki and your choice of greek or caesar salad. 14⁹⁹

GF *Substitute bread for gluten free bread 99¢
No croutons in caesar salad.*

JAMBALAYA RICE BOWL

Garlic prawns, chorizo sausage, and tender chicken, mushrooms, onions, and peppers tossed in a zesty basil tomato sauce served over rice, served with garlic bread. 14⁹⁹

YANKEE POT ROAST

Slow roasted tender beef pot roast topped with rich gravy served with country fried potatoes, vegetables, and garlic bread. 13⁹⁹

Lunch Size 11⁹⁹

SWEET & SOUR CHICKEN

Premium chicken breast pieces tossed with sweet and sour sauce, pineapple, peppers, onions, and almond slices, served with rice, chow mein, and garlic bread. 12⁹⁹

ROASTED TURKEY DINNER

Real carved roasted turkey served with stuffing, mashed potatoes, gravy, vegetables, cranberry sauce, and garlic bread. 15⁹⁹

Lunch Size 12⁹⁹

BUTTER CHICKEN

Served with citrus basmati rice and naan bread, garnished with cilantro. 13⁹⁹

CHICKEN PARMESAN

Tender breaded chicken filet, vegetable pomodoro sauce, tomato slices, and melted cheese with meat sauce spaghetti. Served with garlic bread. 14⁹⁹

CABBAGE ROLLS

Homestyle cabbage rolls stuffed with beef, pork, onion, garlic, and rice. Served with Yukon gold mashed potatoes and garden vegetables. 12⁹⁹

CHICKEN BURRITO BOWL

Spiced chicken breast, corn pico de gallo, and cheddar cheese topped with guacamole, sour cream, and cilantro. 14⁹⁹

Add a caesar salad or cup of soup to any meal for 2⁴⁹

RIB & STEAK ENTREES

BABYBACK RIBS

Falling off the bone tender basted with our signature BBQ sauce. Served with fries and slaw. *Half Rack 15⁹⁹ Full Rack 21⁹⁹*

6OZ AAA TOP SIRLOIN

Flavourful and tender, served with a baked potato, garden vegetables, and garlic bread. 16⁹⁹

GF *Substitute bread for gluten free bread 99¢*

8OZ AAA NEW YORK

Excellent marbelling, centre cut striploin with a baked potato, garden vegetables, and garlic bread. 21⁹⁹

GF *Substitute bread for gluten free bread 99¢*

RIBS & LASAGNA COMBO

½ rack of our famous ribs and a side of our meaty lasagna. Served with garlic bread. 17⁹⁹

STEAK & CHEESY MACARONI

Choice of flame grilled steak and a side of our homemade macaroni and cheese, served with garlic bread.

6oz Sirloin 19⁹⁹ 8oz New York Striploin 23⁹⁹

STEAK ACCOMPANIMENTS

Sautéed Mushrooms 99¢

Garlic Prawns (4) 2⁹⁹

Coconut Prawns (4) 3⁹⁹

Oscar (baby shrimp, mushrooms, and hollandaise) 2⁹⁹

ALL DAY BREAKFAST

PANCAKES, EGGS & BACON OR SAUSAGE

A triple stack of fluffy buttermilk pancakes, three strips of bacon or sausage, and two eggs any style. 10⁹⁹

STRAWBERRY CAKE BREAKFAST

Two eggs, three bacon or sausage, hashbrowns, and buttermilk pancakes topped with strawberries, whipped cream, and homemade strawberry sauce. 11⁹⁹

STRAWBERRY BANANA FRENCH TOAST

Field fresh strawberries and banana with homemade strawberry sauce and whipped cream. 11⁹⁹

Add two eggs and two bacon 2⁹⁹

FRENCH BREAKFAST

Two thick cut french toast served with two eggs cooked any style, choice of three bacon or sausage and hashbrowns. 12⁹⁹

SUNSHINE FRUIT 'N' YOGURT BOWL

An energizing mix of greek yogurt, honey granola, fresh fruit, and berries. Served with toast. 10⁹⁹

Add two eggs and two bacon 2⁹⁹

CINNAMON BUN BREAKFAST

A warm cinnamon bun with cream cheese icing, two eggs, hashbrowns, and choice of three bacon or sausage. 12⁴⁹

BACON OR SAUSAGE & EGGS

Two large eggs cooked any style with choice of three bacon strips or three sausage links with hashbrowns and toast. 10⁹⁹

TRUCKERS BREAKFAST

2 eggs, 3 bacon strips, 3 sausages and bavarian sausage with 2 buttermilk pancakes and hashbrowns. 13⁹⁹

STEAK & EGGS

A juicy AAA 6oz sirloin steak with two eggs cooked any style, premium hashbrowns, and your choice of toast. 16⁹⁹

GF *Shredded hashbrowns are gluten free.*

Substitute toast for gluten free toast 99¢

EUROPEAN BREAKFAST

Grilled bavarian sausage, cheddar perogies with sour cream, two eggs cooked any style, and marble rye toast. 12⁹⁹

CHORIZO BREAKFAST BURITTO

Scrambled eggs, jalapeño jack cheese, bell peppers, onions, and ancho chipotle sauce wrapped in a warm tortilla served with hashbrowns. 12⁹⁹

MEXICAN PULLED PORK HASH

Two eggs, BBQ pulled pork, jalapeño jack cheese, sautéed onions and peppers over hashbrowns topped with pico de gallo, served with your choice of toast. 12⁹⁹

OMELETTES *Served with choice of hashbrowns and toast.*

VEGETARIAN CHEESE OMELETTE

Sautéed mushrooms, diced tomatoes, green peppers, onions, and melted swiss cheese. 11⁹⁹

GF *Shredded hashbrowns are gluten free.*

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ULTIMATE OMELETTE

Bacon, diced sausages, ham, melted cheddar cheese, sautéed onions, peppers and mushrooms. 12⁹⁹

MUSHROOM SWISS OMELETTE

Sautéed mushrooms, and melted swiss cheese. 11⁹⁹

GF *Shredded hashbrowns are gluten free.*

Substitute toast for gluten free toast 99¢

WESTERN OMELETTE

Smokey bacon, melted cheddar cheese, grilled onions, and peppers. 11⁹⁹

GF *Shredded hashbrowns are gluten free.*

Substitute toast for gluten free toast 99¢

TEX MEX OMELETTE

Seasoned taco beef, sautéed onions, peppers, and melted cheddar with ancho chipotle sauce, pico de gallo and sour cream. 11⁹⁹

GREEK OMELETTE

Fresh leaf spinach, diced tomatoes, and crumbled feta cheese. 11⁷⁹

GF *Shredded hashbrowns are gluten free.*

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THE BENNY'S *All bennys are topped with velvety smooth hollandaise on toasted english muffins. Served with a side of hashbrowns.*

EGGS BENEDICT

Perfectly poached eggs and thin shaved ham. 10⁹⁹

FULLY LOADED BENNY

Melted cheddar cheese, smokey bacon, and sautéed mushrooms. 12⁹⁹

CHORIZO BENNY

Zesty chorizo sausage topped with sun-dried tomato pesto. 12⁹⁹

EGGS HAIDA BENNY

Westcoast smoked salmon sliced thin. 11⁹⁹

EGGS BLACKSTONE

Smokey bacon and fresh tomato slices. 10⁹⁹

PULLED PORK BENNY

Slow cooked pork, chipotle hollandaise and a side of homemade pico de gallo. 12⁹⁹