

## Regular Sandwiches

(includes lettuce, tomato, cheese, onions plus condiment)

<u>CHICKEN SALAD</u> - .....	\$ 7.99
<u>EGG SALAD</u> - .....	\$ 7.99
<u>HAM AND SWISS</u> - .....	\$ 7.99
<u>PASTRAMI AND SWISS</u> .....	\$ 7.99
<u>PEANUT BUTTER AND JELLY</u> .....	Mini(\$2.99).....\$ 3.99
<u>ROAST BEEF</u> - .....	\$ 7.99
<u>TACO'S</u> .....	each.. \$ 2.50
<u>TORTA</u> .....	\$8.99
<u>TURKEY AND HAVARTI</u> - .....	\$ 7.99
<u>TUNA SALAD</u> or <u>LOW FAT TUNA SALAD</u> .....	\$ 7.99
<u>SALAMI</u> - .....	\$ 7.99

## Breakfast

<u>BURRITO</u> - eggs, potatoes, bacon, onion, cheese .....	\$ 8.99
<u>WRAP</u> - flour tortilla, ham or turkey, eggs, tomato, cheese, onion, crumbled bacon.....	\$ 7.99
<u>CROISSANT</u> - eggs, tomato, onion, bacon, ham or turkey, cheese.....	\$7.99

## Subs (Any Sandwich on a Roll)

<u>AMERICAN</u> - ham, salami, swiss, onions, lettuce, tomato, mayo...(Mini \$5.99).....	\$ 8.59
<u>CUBAN</u> - french roll, ham, pork, swiss cheese, pickle, mustard.....	\$ 8.59
<u>ITALIAN</u> - ham, salami, cappicola, pepperjack, onions, olive oil, oregano, lettuce, tomato.....(Mini \$5.99).....	\$ 8.59
<u>ITALIAN BEEF</u> - cheese, giardiniera, french roll.....	\$ 8.59
<u>MEATLOAF PANINI</u> - french roll, cheese, lettuce, tomato.....	\$ 8.59
<u>PIZZA ROLL</u> - french roll, parmesan, onions, salami, pepperoni, provolone cheese,.....	\$ 8.59
<u>PULLED PORK</u> - cheese, BBQ sauce, french roll.....	\$ 8.59
<u>CRISPY CHICKEN</u> - breaded chicken, lettuce, tomato, french fried onions, ranch dressing.. .	\$ 8.99
<u>SUPER VEGGIE PANINI</u> -French roll, sundried tomato mayo, swiss cheese, tomato, carrots, cucumbers, onions, avocado, vinaigrette.....	\$ 8.99

## Meatless Sandwiches

<u>CHEESE</u> - Regular or Grilled .....	\$ 5.69
<u>GARDEN DELIGHT</u> - hummus, carrots, cucumber, onions, lettuce, tomato.....	\$ 7.49
<u>VEGETARIAN</u> - onions, havarti, swiss, pepperjack, guacamole, lettuce, tomato. . . . .	\$ 7.49
<u>ADD MEAT TO ABOVE SANDWICHES</u> - .....	\$ 2.00

## Wraps (honey wheat tortilla)

<u>ATOMIC VEGGIE</u> - red peppers, carrots, black olives, spinach, cucumbers, avocado, feta, .....	\$ 8.99
<u>CALIFORNIA WRAP</u> - bacon, lettuce, tomato, avocado, mayo .....	\$ 7.99
<u>BUFFALO CHICKEN WRAP</u> - lettuce, tomato, hot sauce, blue cheese dressing.....	\$ 7.99
<u>SOUTHWEST CHICKEN WRAP</u> - cheddar cheese, lettuce, salsa, sour cream.....	\$ 7.99
<u>PIZZA WRAP</u> - salami, cappicola, pepperoni, onions, provolone, parmesan, pizza sauce .....	\$ 7.99
<u>ULTIMATE VEGGIE WRAP</u> - cream cheese, lettuce, provolone, red peppers, carrots, tomato, black olives, Italian dressing.....	\$ 8.99

Bread Choices - Sourdough; Whole Wheat; Whole Grain; Dark Rye; Light Rye; Multigrain Roll (Sub)  
Sourdough Roll (Sub); French Roll (Sub); Croissant (\$.50extra),  
Cheeses - American; Cheddar; Havarti; Pepper jack; Provolone; Swiss  
Mayo - Plain; Sweet Pickle; Chipotle  
Mustards - Plain; Cranberry; Dijon; Sweet Hot; Honey Mustard  
Other Choices - Hummus \$.50; Salsa \$.50; Bacon \$ 1.50; Avocado. \$ 1.50; Giardiniera \$ .50;  
Sour Cream \$.50; Extra Meat (or) Cheese \$.75/slice; Roasted Red Peppers \$.75

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## Hot Sandwiches and Paninis

<u>BLT</u> - bacon, lettuce, tomato, mayo .....	\$ 7.99
<u>CHICKEN</u> or <u>PORK BURRITO</u> - lettuce, black beans, corn, choice of cheese, sour cream, home-made salsa .....	\$ 8.99
<u>REUBEN</u> -Corned Beef, sauerkraut, swiss, Thousand Island Dressing, rye.....	\$ 7.99
<u>TURKEY REUBEN</u> - with sliced turkey.....	\$ 7.99
<u>GRILLED CHICKEN BREAST</u> - sourdough, swiss, lettuce, tomato, onions, sweet pickle mayo.....	\$ 7.99
<u>ITALIAN GRILLED CHEESE</u> - multigrain, provolone, parmesan, pepperoni.....	\$ 7.99
<u>TUNA MELT</u> - cheese.....	\$ 7.99
<u>SPICY GRILLED CHICKEN BREAST</u> - dark rye; chipotle mayo, pepper jack, tomato, red peppers, onions.....	\$ 7.99
<u>TURKEY BACON</u> - dark rye, thousand island, havarti, lettuce, tomato .....	\$ 7.99
<u>QUESADILLAS</u> - Chicken/Mozzarella ; ham/swiss; turkey/Havarti; beef/cheddar; bacon/bleu cheese, black beans and corn with pepperjack.....	\$7.99

## Salads

<u>ANTIPASTO</u> - lettuce, ham, cappicola, salami, provolone, onions, black olives, tomatoes, vinaigrette dressing.....	\$ 9.49
<u>ASIAN CHICKEN</u> - lettuce, red peppers, water chestnuts, green onions, Chinese noodles, sesame, ginger dressing with grilled chicken breast...(Small \$6.39)...	\$ 8.49
<u>CAESAR</u> - lettuce, parmesan, croutons, Caesar dressing.....	\$ 6.39
With Grilled Chicken Breast.....	\$ 8.49
<u>CHOPPED COBB</u> - lettuce, red onions, bacon, hard boiled eggs, blue cheese, avocado, turkey, tomatoes, choice of dressing ...(with Chicken \$1 extra).....	\$ 8.49
<u>CHOPPED MEXICAN</u> - tortilla chips, lettuce, red onions, red peppers, corn, black beans, tomatoes, avocado, grilled chicken breast, chili lime cilantro dressing .....	(Small \$6.99)....\$ 9.49
<u>GARDEN</u> - lettuce, tomatoes, red onions, cucumbers, carrots, croutons, choice of dressing .....	\$6.39
With a Scoop - chicken, egg, tuna or seafood salad.....	\$ 8.49
<u>GOAT CHEESE</u> - lettuce, tomatoes, onions, chicken, dried berries, walnuts, goat cheese Honey Vinegar dressing .....	(Small 8.99) .....
<u>GREEK MEDITERRANEAN</u> - lettuce, tomatoes, red onions, black olives, feta Greek vinaigrette dressing.....	\$ 6.39
With Grilled Chicken Breast.....	(Small \$6.39).....\$ 8.49
<u>PULLED PORK</u> - lettuce, tomatoes, black olives, red onions, carrots, cheddar, croutons, BBQ pork, sweet and sour vinaigrette...(Small \$6.39).....	\$ 9.49
<u>SPINACH</u> - bacon, hard boiled eggs, red onion, blue cheese, dried cherries, raspberry vinaigrette.....	(Small \$6.99).....\$ 9.49
<u>CRISPY CHICKEN</u> - lettuce, spinach, red onions, tomatoes, black olives, red peppers, cucumbers, cheddar cheese, choice of dressing.....	(Small \$6.99).....\$ 9.49
<u>SMALL GARDEN AND CAESAR SALADS AVAILABLE - PLAIN ONLY</u> .....	\$ 6.39

## Salad Dressing Choices

Blue Cheese, Caesar, Italian or light Italian, Ranch, Vinaigrette, Raspberry Vinaigrette,  
Honey Mustard, Chili Lime Cilantro, Thousand Island - (EXTRA DRESSING \$1.00)

## Soup Du Jour

Small (8 oz)....	\$ 3.69	Medium (12 oz).....	\$ 4.69	Large (16 oz).....	\$ 5.69
Chile and other specialty soups .....	\$.50 extra (Includes Slice of Bread or Crackers)				

## Specials

Combo #1 Small Garden Salad and Small Soup .....	\$8.49
Combo #2 Half Sandwich and Small Soup .....	\$8.49
Combo #3 Half Sandwich and Small Garden Salad .....	\$8.49
Other Specials will be offered periodically throughout the week	