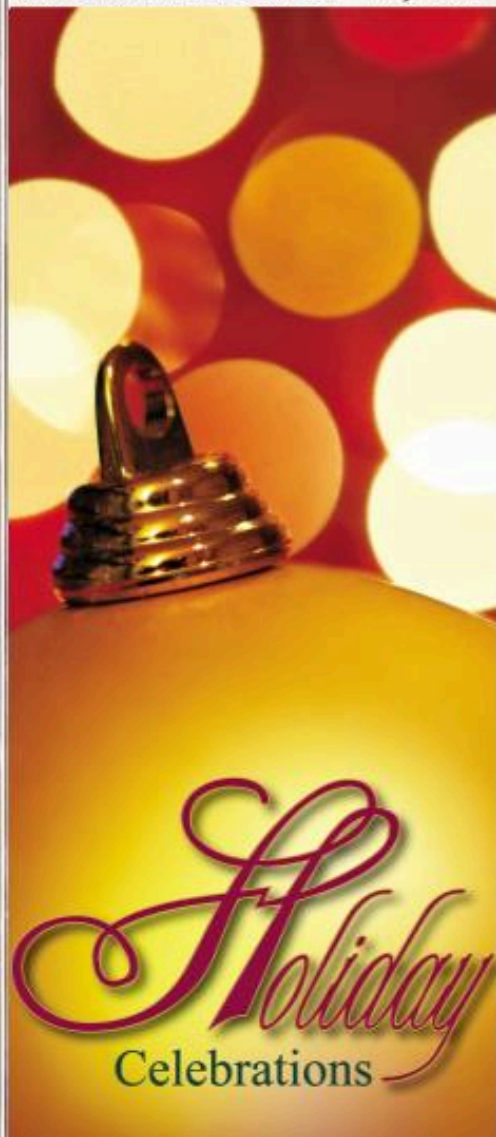


Sale Dates: December 1- 31, 2018



Arrowhead Mills
Graham Cracker
Pie Crust

9 Inch
6 OZ
\$3.29
Reg \$4.99



A healthy alternative to other pie crusts it contains no trans fatty acids and is low in sodium.

Lily's Sweets
Baking Chips
Dark Chocolate

9 OZ
\$5.49
Reg \$7.85



Sweetened with stevia and no added sugar. Great for cookies, pancakes or snacking out of the bag.

Simply Organic
Organic Cinnamon
Sticks

1.13 OZ
\$4.79
Reg \$6.45



Cinnamon sticks are flavorful and fun in mulled drinks and teas.

Horizon
Organic Egg Nog

32 OZ
\$4.99
Reg \$6.35



Made from wholesome organic milk and real organic eggs with a hint of organic nutmeg.

Divine
Advent Calendar
With Chocolate

3 OZ
\$5.99
Reg \$7.25



The delicious Divine milk chocolate in your Advent Calendar was made using cocoa from the Kuapa Kokoo farmers in Ghana.

R.W. Knudsen
Organic Sparkling
Apple Cider

750 ML
\$3.49
Reg \$4.99



An elegant, celebratory, non-alcoholic, sparkling organic apple beverage.

Spectrum Naturals
Organic Shortening
All-Vegetable

24 OZ
\$6.29
Reg \$7.99



An all-natural alternative to conventional hydrogenated shortening. No trans fats and less fat than butter.

Simply Organic
Organic Mulling
Spice

1.2 OZ
\$1.99
Reg \$2.39



Warm up to the unforgettable flavor and aroma of Simply Organic Mulling Spice.

Mount Hagen
Organic Fairtrade
Instant Coffee

Freeze-Dried
3.53 OZ
\$8.79
Reg \$10.99



Instant Freeze Dried Coffee packed in Germany and made from 100% highland Arabica coffee beans.

Wholesome!
Organic Candy
Canes

5 OZ
\$4.49



Stuff your stockings with these all natural, organic candy canes without artificial sweeteners or dyes.

Earth Balance
Buttery Spread
Soy Free Natural
15 OZ



\$4.49

Reg \$5.99

Famous Earth Balance® taste, vegan credentials, and cholesterol ratio without any soy based ingredients.

Sugar In The Raw
Sugar Cubes
Turbinado
17.5 OZ



\$3.79

Reg \$5.49

Great for tea or coffee, these are great, non-gmo sugar cubes for the sugar pot.

Silk
Almond Creamer
Pumpkin Spice
32 OZ



\$4.99

Reg \$5.89

Made with a burst of pumpkin flavor and perfect for starting your morning.



Arrowhead Mills
Organic
Buckwheat Flour
22 OZ



\$3.29

Reg \$4.79

This Buckwheat flour is non-gmo, and a versatile gluten-free alternative for baking.

Arrowhead Mills
Organic
Spelt Flour
22 OZ



\$3.29

Reg \$4.99

This ancient wheat, with its nutty flavor, has grown in awareness as people look to source grains in their original, natural form.

Arrowhead Mills
Organic Whole
Wheat Flour
22 OZ



\$1.99

Reg \$2.99

Whole grain, stoneground non-gmo wheat for all holiday baking needs.

Amy's
Organic Soups
All Varieties!
14 OZ



\$3.29

Reg \$4.29

Easy, hearty and delicious soups to keep in your pantry to enjoy on cold days.

Shelton's
Turkey
Meat Balls
10 OZ



\$5.49

Reg \$7.59

Reformulated to eliminate wheat and gluten. Reduced sodium and fat, without reducing the taste!

Spectrum Naturals
Organic Olive Oil
Extra Virgin
25.4 OZ



\$10.99

Reg \$18.89

Rich & smooth flavor make it ideal for dipping, sauteing or using as a salad dressing.

Celestial Seasonings
Cranberry Vanilla
Wonderland
Herbal Tea
20 BAGS



\$3.69

Enjoy this limited edition, seasonal tea for your holiday celebrations or sip it next to a warm fire.

Woodstock
Organic
Asparagus
10 OZ



\$4.29

Reg \$5.99

The "taste of spring" any time, these asparagus are grown without artificial chemicals.

Woodstock
Butternut
Squash
10 OZ



\$2.49

Reg \$2.99

Pure, non-gmo butternut squash can be added to recipes or eaten on its own.

Woodstock
Tri-Colored
Peppers
10 OZ



\$2.49

Reg \$3.99

Dress up your dishes with this assortment of organically grown yellow, red and green sweet peppers.

Tony's Chocolonely
Milk Chocolate Bar
with Mulled Wine
6.35 OZ



\$4.99

Reg \$5.69

A bar for those with a sophisticated sweet tooth, this mulled-wine flavored chocolate bar is a creamy Christmas time indulgence. Crafted with cocoa sourced from 100% slave-free cocoa farms in Ghana & the Ivory Coast.

Terra Chips
Sweets & Beets
Chips
6 OZ



\$2.79

Reg \$3.95

A hearty crunch that will create a memorable gourmet experience each time you open a new bag!

Lundberg
Organic Red
Beans & Rice
6 OZ



\$2.49

Reg \$3.75

A Creole-inspired cuisine made with whole grain organic brown rice and high-fiber red beans.

Java Log
Coffee
Firelogs
4 Logs



\$17.99

Reg \$24.19

Burns cleaner than ordinary cordwood: emits up to 78% less carbon monoxide and up to 66% less creosote.

Nubian Heritage
Raw Shea Butter
Bar Soap
 5 OZ

\$3.49
 Reg \$4.99



The ultimate skin-softening cleanser, combines Shea Butter with a blend of frankincense & myrrh.

Nubian Heritage
Raw Shea
Hand Cream
 With Frankincense
 4 OZ

\$5.99
 Reg \$9.99



A nutrient-rich, long lasting moisture treatment with healing oils and butters to repair, moisturize and strengthen hard-working hands.

Lily Of The Desert
Aloe Vera Gelly
 Soothing Moisturizer
 12 OZ

\$6.49
 Reg \$9.29



Naturally replenishes and relieves skin after prolonged sun or wind exposure. Helps heal wounds and burns without artificial ingredients.

Derma E
Hydrating Shea
Body Lotion
 5 Varieties!
 8 OZ

\$6.99
 Reg \$10.99



Lightweight and fast absorbing body lotion provides hydration to help guard against nature's harsh conditions. No parabens or artificial fragrances.

Naturtint
Permanent
Hair Color Kit
 All Shades!

\$12.99
 Everyday!



Cover gray hair or change your look. No ammonia or harsh chemicals. Natural, safe and beautiful!

Derma E
Purifying 2-In-1
Charcoal Mask
 1.7 OZ

\$13.99
 Reg \$19.49



This dual-action formula purges pores of deeply rooted toxins, then exfoliates away micro pollutants for purely glowing skin.

Aura Cacia
Pure
Frankincense Oil
 5 OZ

\$17.99
 Reg \$28.39



With a sweet, balsamic aroma, this oil is often used in face creams and anti-aging treatments.

Aura Cacia
Sweet
Almond Oil
 4 OZ

\$3.99
 Reg \$5.99



Sweet almond oil has a rich, skin-nurturing consistency that provides a nice glide during massage.



Andalou Naturals
Silky Smooth
Hair Mask

Exotic Marula Oil
 1.5 OZ

\$2.49
 Reg \$3.69



Boost hydration, detangle, soften and tame unruly tresses with sleek, smooth, luxurious shine. This makes a great stocking stuffer!

Nubian Heritage
Bath Bombs
 6 CT

\$8.95
 Rwg \$14.95



Choose from 3 different scents: Coconut & Papaya, Indian Hemp & Haitian Vetiver or Patchouli & Buri. Each box contains 6 bath bombs.

Lily Of The Desert
Aloe Herbal
Stomach Formula
 Fresh Mint
 32 FL OZ



\$12.99

Reg \$18.99

Lily of the Desert's Aloe Herbal Stomach Formula helps balance your stomach acid naturally.

NORDIC
NATURALS



All Nordic Products
 are On Sale!

20% OFF!

Nordic Naturals is one of the leading Fish oil companies offering a wide variety of Omega fatty acid combinations.

Boiron
Chestal Adult
Cough Syrup
 Cold & Cough
 6.7 OZ



\$8.49

Reg \$12.99

This cough syrup temporarily & naturally relieves symptoms of the common cold.

Nature's Plus
Liquid Sunshine
Vitamin D3
 5000 iu
 16 oz.



\$14.99

Reg \$17.79

Liquid Sunshine Vitamin D3 is so delicious, you can enjoy it straight from the bottle or mixed in your favorite beverage.

Irwin Naturals
CBD Oil
 60 Softgels



20% OFF!

Helps to balance your Endocannabinoid System. Available in 10mg and 15mg Softgels.

Bluebonnet
 THE POWER INSIDE

All Bluebonnet Products
 are On Sale!

20% OFF!

Bluebonnet is a local, Texas based Supplement company, family-owned and operated for over 25 years. Stock up on your favorite formulas.

Hylands Homeopathic
Sinus Relief
Tablets
 100 TABS



\$8.49

Reg \$12.99

Natural relief for sinus symptoms such as runny nose and congestion due to colds.

Nature's Plus
Ageloss Liver
Support
 90 Capsules



\$29.99

Reg \$37.95

Replenishes key arabolic nutrients that counter catabolic damage and promote youthful liver function.

Yerba Prima
Men's Rebuild
Internal Cleansing
System
 Kit



\$19.99

Reg \$24.99

Nutritional support for the normal cleansing functions of the body wit specific herbs for men.

Yerba Prima
Women's Renew
Internal Cleansing
System
 Kit



\$19.99

Reg \$24.95

Gives a gentle, yet thorough, cleansing of the colon and entire body wit additional herbs to support women's systems.

For **Goodness** sake
 natural food store

1306 Common Street
 New Braunfels, TX 78130

830-606-1900

Mon-Sat 9am-6:30pm

Full Service Juice Bar Featuring Fresh Organic Juices and Smoothies, Cappuccinos, Lattes, Organic Coffee and Tea

Top Quality Vitamin and Herbal Supplements • Natural Body Care • Aromatherapy • Lead-Free Candles • Gifts & Books

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