

**Sale Dates: March 1 - 30, 2019**



**Nature's Intent**  
Organic Apple  
Cider Vinegar  
16 OZ

**\$3.29**  
Reg \$4.99



Raw, unpasteurized and unfiltered Apple Cider Vinegar containing the "Mother".

**From The Ground Up**  
Cauliflower  
Crackers  
4 OZ

**\$2.99**  
Reg \$3.99



These crackers have the familiar shapes and flavors of comfort products, but with a better-for-you twist.

**Hubert's**  
Lemonade  
Original  
16 OZ

**\$1.99**  
Reg \$2.49



Made with a few simple ingredients, this lemonade is the perfect refreshment.

**Blake's**  
Chicken  
Pot Pie  
8 OZ

**\$4.49**  
Reg \$5.99



Hearty and 100% organic with a flavor and quality that will take you back in time.

**Honest Tea**  
Organic  
Bottled Tea  
16 OZ

**\$1.49**  
Reg \$1.99



Bottled teas that taste like fresh brewed. Choose from a variety of flavors.

**Food Should Taste Good**  
Tortilla  
Chips  
5.5 OZ

**\$1.99**  
Reg \$3.95



A wholesome, perfect snack to be enjoyed on its own or dipped into your favorite hummus.

**Primal Kitchen**  
Salad Dressing  
& Marinade  
8 OZ

**\$4.99**  
Reg \$6.99



Non-gmo, Paleo-friendly dressings made with avocado oil. Only clean, simple ingredients used.

**Pacific**  
Organic  
Soups  
17.6 OZ

**\$2.75**  
Reg \$3.99



All flavors are on sale! Choose your favorite, heat up and enjoy!

**Natural Sea**  
Solid White  
Albacore Tuna  
Pouch  
3 OZ

**\$3.29**  
Reg \$3.99



Pole & line caught, 270 mg omega-3 per serving, 21g protein, ready to eat!



**Applegate Farms  
Breakfast  
Sausage**  
7 OZ



**\$4.29**

Reg \$5.85

Peppered Turkey sausage patties with no antibiotics or nitrates. Gluten-free!

**Stonyfield Farm  
Organic  
Yogurt**  
32 OZ



**\$4.29**

Reg \$4.99

Whole milk, french Vanilla yogurt is creamy and smooth. Great with granola or fruit!

**Bob's Red Mill  
Muesli  
Old Country Style**  
18 OZ



**\$3.49**

Reg \$4.99

Perfect for a nutritious snack, mixed with yogurt or other cereal, or used in baking.

**Justin's  
Maple  
Almond Butter**  
16 OZ



**\$9.99**

Reg \$15.99

Made in small batches to preserve premium quality standards and fresh taste.

**Divine  
Chocolate  
Bars**  
3.5 OZ



**\$2.99**

Reg \$3.99

Fair trade cocoa grown by family farmers in Ghana. No artificial flavors, just smooth, rich chocolate.

**SkinnyPop  
Popcorn  
All Natural**  
4.4 OZ



**\$2.99**

Reg \$3.99

Guilt-free snacking never tasted this delicious.



**Koyo  
Ramen  
Noodles**  
2.1 OZ



**99¢**

Reg \$1.49

Made with organic noodles, no added MSG or artificial preservatives.

**Gardein  
Meat-Free  
Crispy Tenders  
Seven Grain**



**\$4.49**

Reg \$5.79

There's no guilt with these tenders. Easy, delicious, crispy and low in fat!

**Gardein  
Beefless  
Burger**  
12 OZ



**\$4.49**

Reg \$5.79

This burger is ready to go whenever you need a quick, easy dinner. Kid approved.

**Perfect Bar  
Organic  
Protein Bars**  
2.3 OZ



**\$2.49**

Reg \$3.29

Contains over 20 superfoods and up to 15 grams of protein. Only fresh, clean ingredients, these bars are located in the refrigerated section.

**Michael Angelo's  
Lasagna with  
Meat Sauce**  
10 OZ



**\$4.79**

Reg \$5.99

100% durum semolina pasta enhanced with the finest available ingredients.

**Reed's  
Ginger Brew  
Ginger Beer**  
4 Pack



**\$4.99**

Reg \$5.99

Ginger root soda is made from fresh herbs, roots, spices and fruits.

**Lundberg  
Organic  
Risotto**  
5.9 OZ



**\$2.79**

Reg \$3.89

Flavorful risotto is easy to make and makes for a great side dish to most entrees.

**Evol  
Burrito  
Cilantro  
Lime Chicken**  
6 OZ



**\$2.49**

Reg \$3.25

Cilantro lime chicken with tomato and roasted corn salsa in a burrito. Insanely tasty!

**Blk  
Fulvic Trace  
Mineral Water**  
16.9 OZ



**\$1.49**

Reg \$2.45

BLK water is naturally infused with trace minerals without any sugar, carbs or calories.

**Dang  
Sticky Rice  
Chips**  
3.5 OZ



**\$2.99**

\$3.99

Savory flavors of toasted rice and white sesame with a hint of sweetness.

**Honest Kids  
Organic  
Juice Drinks**  
4 Flavors  
8 Pack



**\$3.99**

Reg \$5.39

Feel good about what your children are consuming. Organic juice drinks are sweetened with fruit juice and contain half the sugar of other leading brands.



**Andalou Naturals**  
**Shower Gels**  
 All Scents!  
 8.5 OZ

**\$6.49**  
 Reg \$9.95



This mandarin vanilla gel blends rosehips and argan oils with coconut water and cleansing botanicals to refresh skin.

**Grandpa Soap**  
**Pine Tar**  
**Shampoo**  
 8 OZ

**\$6.99**  
 Reg \$12.45



Moisturizes and deodorizes. Helpful in treating the scales of psoriasis, dandruff and other skin irritations.

**Topricin**  
**Pain Relief**  
**Cream**  
 4 OZ

**\$15.99**  
 Reg \$24.95



A natural formula free from additives found in many other pain relievers.

**Ecover**  
**Stain Remover**  
 Natural  
 6.8 FL OZ

**\$3.99**  
 Reg \$5.99



Natural and effective stain removal treatment for tough stains.

**Andalou Naturals**  
**Body Lotions**  
 All Scents!  
 8 OZ

**\$6.49**  
 Reg \$9.95



Blends of rosehips and argan oils with shea and cocoa butters help soften skin while lavender thyme refreshes.

**Grandpa Soap**  
**Oatmeal**  
**Soap Bar**  
 4.25 OZ

**\$3.49**  
 Reg \$4.95



Soothing rolled oats and colloidal oatmeal combine with chamomile flower extract to exfoliate and soften skin.

**Bach**  
**Rescue Remedy**  
**Cream**  
 30 GRM

**\$8.99**  
 Reg \$12.45



An intensive moisturizer designed to soothe dry, irritated, or damaged skin caused by stresses & strains of everyday life.

**Bioleen**  
**Liquid Laundry**  
**Detergent**  
 Citrus Essence  
 64 OZ

**\$9.29**  
 Reg \$14.99



Very concentrated, a little goes a long way. Great for hand washables and delicates.



**Boiron**  
**Arnicare**  
 Roll-On  
 1.5 OZ

**\$5.99**  
 Reg \$7.99



Temporarily relieves muscle pain and stiffness due to minor injuries, overexertion and falls.

**Naturtint**  
**Natural Hair**  
**Color Kit**  
 All Colors!

**\$12.99**  
 Everyday!



Cover gray hair or change your look. No ammonia or harsh chemicals. Natural, safe and beautiful!



**Hylands**  
**Sleep Aid**  
 Calms Forte  
 100 TABS



**\$7.99**  
 Reg \$12.99

Provides safe relief for occasional sleeplessness, stress and restless sleep.

**Bach**  
**Rescue Remedy**  
 Natural Stress Relief  
 10 ML



**\$11.99**  
 Reg \$16.95

Doctor developed liquid drops provide gentle, non habit forming, everyday stress relief.

**Kyolic**  
**Formula 103**  
 Vitamin C, Astragalus,  
 Mushrooms  
 100 CAPS



**\$10.99**  
 Reg \$15.95

Provides a select combination of vitamins and herbs to support healthy immune function.

**Lily Of The Desert**  
**Aloe Herbal**  
**Stomach Formula**  
 Fresh Mint  
 32 OZ



**\$13.99**  
 Reg \$18.89

Lily of the Desert's Aloe Herbal Stomach Formula helps balance your stomach acid naturally.

**Nature's Plus**  
**Source of**  
**Life Prenatal**  
 90 Tablets



**\$17.99**  
 Reg \$21.29

Provides optimal nutritional support during pregnancy, it is the most comprehensive prenatal supplement ever developed.

**Nordic Naturals**  
**Ultimate Omega**  
 60 softgels



**\$22.39**  
 Reg \$27.95

Contains 70% pure Omega-3 fatty acids in an ultra high concentration!

**Jarrow Formulas**  
**Yum-Yum**  
**Dophilus**  
 60 chew tabs



**\$12.75**  
 Reg \$15.95

Provides 4 strains of potent beneficial bacteria in a yummy chewable tablet.

**Bluebonnet**  
**Vitamin D3**  
 5000 I.U.  
 60 VCaps



**\$8.39**  
 Reg \$10.49

Contains pure, non-fish Vitamin D from lentin. This is a non-fish sourced form of D.

**Bluebonnet**  
**Super Quercetin**  
 100 Vcaps



**\$24.39**  
 Reg \$30.49

Specially formulated with high potency quercetin, Vitamin C, citrus bioflavonoids, rose hips, acerola, hesperidin, rutin and pure pineapple bromelain.

**Irwin Naturals**  
**CBD + Stress-Defy**  
 84 Softgels



**\$33.99**  
 Reg \$42.65

Full-spectrum hemp extract with 10mg. of naturally occurring CBD. Plus L-Theanine, Rhodiola, Ginkgo & GABA.

**Jarrow Formulas**  
**Jarro-Dophilus**  
**Women**  
 30 Vcaps



**\$21.99**  
 Reg \$27.95

Helps restore healthy vaginal flora & promotes urinary tract health. Contains 4 clinically documented strains.

**Enzymedica**  
**Purify**  
**Complete**  
**Body Cleanse**  
 20 pkt.



**\$29.99**  
 Reg \$34.99

Easy to use morning & evening packets contain all the capsules needed for an ideal 10-day cleanse to detox and eliminate toxins.

For **Goodness** sake  
 natural food store

1306 Common Street  
 New Braunfels, TX 78130  
**830-606-1900**  
 Mon-Sat 9am-6:30pm

Full Service Juice Bar Featuring Fresh Organic Juices and Smoothies, Cappuccinos, Lattes, Organic Coffee and Tea

Top Quality Vitamin and Herbal Supplements • Natural Body Care • Aromatherapy • Lead-Free Candles • Gifts & Books

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, CURE OR TREAT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.