



Massey's Cauliflower Crust Nutritional info

Low Carb & Gluten Free

\*\*we are not a gluten free facility and cannot guarantee zero cross contamination

THESE NUMBERS ARE FOR THE ENTIRE 10 INCH CRUST

Calories 410

Fat 14g

Sodium 380g

Carbohydrates 14g / Net Carbs 6g

Protein 52g

INGREDIENTS

Cauliflower Puree

Mozzarella Cheese

Casein Protein

Flaxseed

Eggs

Whey Protein

Yeast

Cultured Brown Rice