

YOUR JOURNEY STARTS HERE

At the heart of what we do, we are Naturopathic doctors and truly believe that all aspects of the body, mind and spirit play important roles in our health. We make thorough assessments and work on all necessary components to allow for the best environment for optimization.

The team at Orian Wellness Naturopathic Medicine embraces a philosophy of simplicity in both diagnosis and treatment working from the simplest to the most complex and from the least invasive to the most invasive. In following this therapeutic order, we have found that patients can most often avoid unnecessary laboratory testing, surgeries and treatments.

Let us help you on your wellness journey. Schedule a consultation with one of our doctors today.

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Your journey towards
optimal health



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**START YOUR JOURNEY
TOWARDS OPTIMAL
HEALTH WITH
PROLOTHERAPY**



WHAT IS PROLOTHERAPY

Prolotherapy is short for “proliferative” therapy. At Orian Wellness, we use an innocuous solution of saline (salt water), dextrose (sugar water), and an anesthetic (lidocaine) to stimulate the body’s natural healing abilities in areas that have degeneration. It is an incredibly safe and effective treatment for ligament laxity.

Let us help you relieve the pain so you can get back out and do what you love.



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WHY CONSIDER PROLOTHERAPY

Prolotherapy offers a lot of benefit for ligaments and indeed has been shown to increase ligament stability improving overall functionality and decreasing pain over time. It may take multiple sessions and time to remodel and correct underlying abnormalities, but this is the natural process of healing and can lead to longer lasting results with fewer complications than other therapies.

Common ailments that may respond to Prolotherapy include:

- Sprains and strains
- Osteoarthritis
- TMJ syndrome
- Osgood-Schlatter Disease
- Back pain
- Golfer’s or Tennis Elbow
- Shoulder Pain

Prolotherapy may be a simple and cost effective alternative to medications and surgery.

Call to schedule an appointment to see if prolotherapy is right for you:
760.593.4613

TESTIMONIES

My shoulder was injured surfing where I couldn't lift my arm over my head. I did prolotherapy a few times and I am pleasantly surprised with the results. I can move my arm freely again and the overall pain is minimal after just two treatments. ~ Mark

I had been dealing with a neck injury for years that eventually locked up the base of my skull and caused degeneration down my neck. With one prolotherapy treatment there was a significant release that gave me relief and helped the headaches. ~ Sandi

